

escape health club & spa

Autumn / Winter SPECIALS



Our **Aveda Spa** helps make our clients not only look beautiful but feel beautiful

AVEDA

the art and science of pure flower and plant essences


Newpark Hotel
KILKENNY

Escape Health Club & Spa at the Newpark Hotel,
Castlecomer Road, Kilkenny

Tel: 056 7760504 | email: joan.escape@newparkhotel.com

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GET RELAXED

€45

- 1 hour in the health club
- 30 min stress relieving massage
- Time in the relaxation room

GET RADIANT

€79

- 1 hour in the health club
- Pure focus facial & maintenance manicure
- Time in the relaxation room

ESCAPE SIGNATURE PACKAGE

€95

- Aveda comforting tea on arrival • Time in the health club
- Cleansing foot ritual • Stress relieving massage on the back, neck & shoulders • Aveda facial with masque
- Aveda scalp massage • Time in the relaxation suite with a selection of fruit & juices

Continue your spa experience at home with
"Our Gift to You" 40ml Aveda Travel Size Hand Relief and
a 50ml Aveda Travel Size Hydrating Lotion (Face Moisturiser)
Plus our "Signature Afternoon Tea"
served in the Hotel Lobby




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